

LIMITED

The Antarctic

BECAUSE OF CANADA'S geographical position the people of this country have considerable knowledge of the nature of the area around the Arctic circle and are familiar with its economic and strategic significance. At the other extremity of the globe lies the Antarctic, which is likewise an interesting and important region and it has recently been predicted that 1900 will in all probability see the greatest activity in Antarctic exploration in the present century. The continent known as Antarctica covers some 6,000,000 square miles and at the present time at least ten countries are believed to be interested in it for purposes of scientific study, whale fishing or territorial expansion.

U.S. Plans To Send Explorer

Foremost among the countries interested in the early investigation of the southern continent is the United States. It is understood that an expedition may be formed under the direction of Rear Admiral Richard Evelyn Byrd who for many years has been a leading figure in Antarctic exploration and scientific research. The forthcoming expedition would be concerned with naval and air training problems and scientific study. The British also plan to make routine visits and to carry out scientific research at five small meteorological bases in the Falkland Island dependencies. France is another nation now planning to send an expedition there in the coming year.

Many Nations Are Interested

A joint Norwegian-British-Swedish scientific expedition is also expected to visit the Antarctic in November of this year and to remain until January, 1902. Their activities will be centred in an area claimed by Norway in 1899, and their research will be in geology and meteorology. Other nations sending parties to Antarctica next year include Argentina and Chile, Japan, the Netherlands, Norway, the Union of Soviet Russia. A number of these countries have sent whaling expeditions in the past year, and plan to continue these operations. The results of the forthcoming explorations and scientific studies will doubtless add much to our knowledge of that great and remote region, while the whaling activities will benefit those countries which participate. The United States has, in the past, suggested that the area should be internationalized but so far this proposal has not met with widespread favour. However, the activity and interest which is anticipated in the coming year may give rise to some international plan regarding the future of the Antarctic.

If Your Nose Pils Up-

Spoils Sleep Tonight

Surprisingly fast, Va-tro-nol works right where trouble is to open up your clogged nose—relieve stuffy transient congestion. You'll like the way it brings relief. (NOTE: Va-tro-nol is also good for relieving sniffles, sneezing, distress of head colds.) Follow directions in folder.

A Few Drops Make Breathing Easier Invites Refreshed Sleep
VICKS VAPOROL

Dutch Farmers To Settle In Alberta Next Year

EDMONTON—Dr. J. S. Tuisman of Ottawa, agricultural and immigration attaché at the Netherlands Embassy, announced that the movement of Dutch families to Alberta next year would total 2,000. He estimated that 10,000 Hollanders would settle in Canada compared with 7,000 during this year. Since the Second Great War more than 20,000 have come to Canada.

The newcomers, Dr. Tuisman said, would be independent farmers but owing to restrictions on the movement of capital, they would be prevented from bringing funds with which to buy land and consequently would be employed in various laboring lines, hoping to accumulate funds that would help them to acquire permanent holdings.

The attaché, during his western visit, discussed trade situations and the possibilities for greater markets for Dutch exports, remarking that if Canada would purchase more Dutch manufactured goods, then the Netherlands would be in a position to buy Canadian wheat and other products.

NEVADA CITY BELIEVES AUTOS HERE TO STAY

SPARKS, Nev.—The Sparks City Council agreed that the horseless carriage is here to stay. The councilmen ordered removal of hitching posts from downtown cars. Motorists are complaining that they put dents in the fenders of new cars when they park near the posts.

MOTTO IS BIBLICAL

Canada's motto—A mari usque ad mare—is an extract from the Latin version of the 72nd psalm—"He shall have dominion also from sea to sea and from river unto the ends of the earth."

Flavor Rich—Penny Wise

FISH PIE made with MAGIC

Prepare 1 c. medium-thick white sauce and mix in 1 lb. of fish (cod, salmon, etc.) and 1/2 lb. of peas. Boil 15 min. Drain thoroughly. In the drained sauce, add 1/2 lb. of corn, 1/2 lb. of peas, 1/2 lb. of carrots, 1/2 lb. of potatoes, 1/2 lb. of onions, 1/2 lb. of mushrooms, 1/2 lb. of celery, 1/2 lb. of parsley, 1/2 lb. of dill, 1/2 lb. of chives, 1/2 lb. of basil, 1/2 lb. of oregano, 1/2 lb. of thyme, 1/2 lb. of marjoram, 1/2 lb. of sage, 1/2 lb. of rosemary, 1/2 lb. of lavender, 1/2 lb. of chamomile, 1/2 lb. of calendula, 1/2 lb. of yarrow, 1/2 lb. of St. John's wort, 1/2 lb. of Echinacea, 1/2 lb. of Ginseng, 1/2 lb. of Licorice, 1/2 lb. of Valerian, 1/2 lb. of Motherwort, 1/2 lb. of Lemon balm, 1/2 lb. of Peppermint, 1/2 lb. of Spearmint, 1/2 lb. of Fennel, 1/2 lb. of Anise, 1/2 lb. of Dill, 1/2 lb. of Chives, 1/2 lb. of Basil, 1/2 lb. of Oregano, 1/2 lb. of Thyme, 1/2 lb. of Marjoram, 1/2 lb. of Sage, 1/2 lb. of Rosemary, 1/2 lb. of Lavender, 1/2 lb. of Chamomile, 1/2 lb. of Calendula, 1/2 lb. of Yarrow, 1/2 lb. of St. John's wort, 1/2 lb. of Echinacea, 1/2 lb. of Ginseng, 1/2 lb. of Licorice, 1/2 lb. of 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Home Made Wood Silo

HERE is some information about silos which can readily be built by farm help and with readily available materials. This type of silo is generally known as the built-up silo. The hoops are made of short pieces of three-quarter inch or inch lumber, sawn to the curvature of the silo walls by a hand saw. For a 12-foot silo (inside diameter) the hoop sections can most economically be cut from pieces of board 7 inches wide and 3 1/2 feet long. It will take 36 such pieces for each ring of three thicknesses of lumber. The sections of board are securely nailed together, care being taken to break joints so that there are always two thicknesses of the lumber to take the strain of the outward pressure of the silage. Cut nails should be used to nail the hoops and they should be long enough to go through the lumber with a half or five-eighths inch of length to spare for clinching. Cut nails should also be used to nail the inside boarding to the hoops.

The construction of the silo is really very simple. It can be set on a foundation, as shown in the drawing, in which each part of the silo can be placed underground, or it can be set on a flat platform of concrete with a foundation under the edge, so that the entire silo is above ground. In either case the wooden structure should be well anchored, one method of doing this being shown in the accompanying drawing. The silo is made of flat iron anchor bars are long enough to catch the hoops so as to make the job doubly secure. The framed structure, consisting of rectangular frames, and spaced at intervals of 1 by 4 inch lumber together in frames about 20 inches wide and high enough to fit between the hoops. They should be made before commencing the erection of the silo. They serve to hold the hoops at the proper distances and, also to prevent twisting of the structure after erection.

Spacing of the hoops should be from 18 inches to 20 inches apart for the first 10 to 20 feet of the silo's height and not over 2 1/2 feet for the upper part of the structure. Heavy, matched flooring should be used for lining the inside of the silo, porch flooring which is usually not less than 3/4 inch thick being particularly recommended. Ordinary matched flooring is rather too thin to be used for this purpose unless the hoops are spaced close enough to prevent the bending of the boards between hoops. The outside covering of the hoops is optional and need not consist of anything more expensive than ordinary shingling, or even rough lumber, where it is decided to make a double walled silo. The double covering adds very much to the warmth of the walls and will be effective in preventing excessive freezing of the silage in the colder sections of the country.

The door of this silo is a continuous opening about 1 to 1 1/2 in. wide. It is necessary only to leave an opening of this width in the inside boarding of the silo, then to nail two strips about 1 by 3 inches in cross section, one to each side of the opening and it is ready for use. The doors are made of two thicknesses of matched lumber well nailed together. Care is necessary to make the joints between the sections of the door and along their edges as airtight as possible. The "staggered" joints shown in the drawing help bring this about. Additional



PLAN VIEW OF DOOR

Structure is easy to build, economical, warm and has many years' insurance against decay of silage around the doors can be obtained by installing a roll of heavy building paper in front of the doors as the silo is being filled.

For a silo 12 feet in diameter, 10 feet, and 30 feet high, with a hoop spacing of 2 feet, centre to centre, for the first 20 feet and 2 1/2 feet for the upper 10 feet, it will take about 1,100 board feet of 7 inch lumber for the hoops. For the inside covering it will take 1,100 superficial feet of matched flooring. It will take about 10 linear feet of 1 by 4 inch stuff for each of the bracing frames or about 40 feet for each space in the height of the silo. This calls for about 180 board feet of material. At present prices the bill of material for the foundation, including that for the foundation, is about \$100.

VAL D'OR, Que.—If you think they're patty-watts, keep your thoughts to yourself or you may get killed in the face.

It's a fact, though, that a goodly number of Val D'Or's grizzled prospectors, veterans of the northern Quebec mining fields, are going to take a course in household science.

Nothing at all ridiculous about it, they say. They tell you they're sold on the idea of vitamins, good for them and therefore good for the tough business of prospecting.

And they want to learn about salads and the doo-dads of fancier cooking; they may even go in for being a gourmet.

There's one all-weather desire being whirled about, Chit. Kid. Two-and-a-half years of age, he is famous for his moon-bear on the idea of vitamins, good for them and therefore good for the tough business of prospecting.

The household science course is being held at the school scheduled for the night school soon to be opened in the new Protestant county high school in Val D'Or, which opened for regular classes Sept. 6.

The night school course will emphasize bilingualism and business training, as well as household science, and there is no age limit placed on students.

There are playing fields and a quarter-mile cinder track—something new in school necessities—on one-strand electrified wire fence.

The fence is to dissuade bears living in the neighboring bush from emulating Mr. Val's little lamb.

Helpful Hints

Fresh iodine stains can be removed with ammonia; or dip in hot slacked milk in warm soda and wash as usual.

To prevent baby from tipping over his highchair, put a screen door hook on the back of the chair, and hook-eyes on the wall so that the chair can be safely secured.

If you are in a hurry for your baked potatoes, let them stand for a few minutes in boiling water to get thoroughly heated through. Then take them out, rub butter over them and in an oven that has already been heated. You will save 10 to 20 minutes.

Smile of the Week—

ECONOMY
A small boy was seen by his father strip upstairs three steps at a time. "What you taking such big strides for, Isaac," he asked.
"To save wearing out the carpet," he was the answer.
"Good boy, Isaac," the father said approvingly. "But don't split your trousers."

dation and roof should not be much over \$200. This type of construction is particularly well adapted to easy addition of a roof, the upper hoop serving as a plate for the rafters. A centre post about 8 inches in diameter at the base, and with its top turned into a ball or other ornamental shape makes a good appearing finish to the roof as well as a convenient ridge pole against which to frame the upper ends of the rafters.

Another type of hoop which could be used with this type of silo is of the bent construction. To make them, a ring the size of the inner diameter of the silo is scribed on the barn floor, or other level surface; then, blocks are nailed to the floor so that their outer ends are just over the curved line. Pieces of thin lumber, about 4 inches wide are then bent around this circle of blocks and securely nailed together. A very convenient material for these hoops is level siding or "clap boards" for outside boarding of many frame houses. When this material is used the thin edge of the board is turned up and that of the next one turned down so as to keep the cross section of the completed hoop rectangular in shape. Four thicknesses of siding are used for each hoop. They must be securely nailed together and the nails clinched to force the bent material to hold its circular shape.

Mothers Find School Lunch Vital Problem

One of the most important items of the fall school opening, and one of the countless worries it brings to the homemaker, is the preparation of school lunches. Not only do the lunch-liners demand variety, but they must also have nutritious food. The Consumers Section of the Dominion Department of Agriculture suggests each school lunch contain milk; some meat, fish, eggs, dried beans or peanut butter; a vegetable or fruit; or both; breads, fruits, or sweets to round it out.

If the school child cannot buy milk at school or where lunch is eaten, include it as milk, soup or cocoa in a thermos. The home economists of the Department suggest milk in puddings can be taken along in smail mayonnaise jars or waxed paper containers, but be sure the lid is on tight.

To handle the demand for variety, produce odd designs in sandwiches—cut them with cookie cutters or like jagged pieces. Try a new fruit once in a while.

GRASSHOPPERS ATE THIS FARMER'S SHIRT
LINDSBORO, Kan.—Verner Lundquist, an auctioneer and wheat farmer, has battled and survived hail, rain, floods and grain diseases on his farm but grasshoppers got his shirt.

The farmer, displaying a work shirt with the back eaten out by "hoppers," said they ate the fabric when he temporarily discarded it while working in his hot fields.

The graying goose nests in Great Britain, and the common domestic goose is believed to be descended from it.



"HEART BREAKER" NABBED

BY COPIES—A Brantford, Ont., youth described by police as a "heartbreaker to women" is being held by Toronto police in connection with a series of robberies of homes in exclusive residential areas of the west coast city. Louis Molnar, 27, alias Ward, a good-looking young man, faces seven charges of house-breaking in Vancouver and a charge of carrying a revolver which police found in his coat pocket when they raided his \$25 a day suite in a downtown hotel. Vancouver police described Molnar's activities as much like those of Gerald Dennis of St. Catherine, Ont., who was convicted in connection with house robberies of wealthy U.S. homes. Dennis' loot was figured at \$100,000—S.N.S. photo.

No Privacy For Prize Pekingese

VANCOUVER—Here's a priceless, prize-winning Pekingese who's really pampered. The pooch has his own phone.

Champion Son Toi can never be lonely, even if he wants a minute to himself. His luxurious, insulated, electrically-heated doghouse is equipped with a two-way communication loud-speaker system.

Here's the kind of conversation which often goes on as Son Toi's mistress, Mrs. Florence Clarke, gets in touch by remote control with her prized pup: "Son Toi! Son Toi! Like to go for a walk?"

She clicks down the switch and Son Toi, with a languid rattle of his international champion bone, raises a languid "woof" into his speaker.

The system is used, too, to reprimand Son Toi, top dog in all breeds at the recent Pacific National Exhibition Dog Show, when he barks at people passing his fenced-in playground.

Son Toi likes the setup. He gets advance notice of his mistress' plans to take him for a stroll or to tell him that "dinner is served."

Any noise going on in the doghouse can be heard at the main control in the house. For instance, a sneeze which may tell of a coming cold for the valuable animal, is easily spotted over the communication system.

And when Mrs. Clarke goes out at night, Sandra McCrory, Son Toi's dog-sitter, keeps the loudspeaker tuned in to catch the slightest sign of trouble from the kennel.

It's a lot of trouble, but Mrs. Clarke thinks Son Toi is worth it. Two-and-a-half years of age, the silver-sable Peking has won more cups and ribbons than a team of huskies could drag on a sled.

Campaigns Given Credit For Reduced Forest Fire Losses

(By The Canadian Press)

Educational campaigns and improved fire-fighting methods have reduced forest fire damage in many provinces, a Canadian Press survey shows. British Columbia reported the worst fire damage in a number of years but most other provinces had fewer fires. Government officials attributed the reduction to intensive press and radio campaigns, and improved fire-fighting facilities.

In Nova Scotia, 100,000 school children are members of the Green Forest League, take lectures in fire prevention, publish a magazine and wear identifying buttons. In each forest section of Ontario a Lands and Forests Department employee arranges fire prevention lectures, movies and radio talks. The Alberta Government is conducting a four-week press and radio campaign to educate the public to the danger of dry forests.

In Ontario up to late August there had been 1,369 forest fires this year compared with 2,036 in 1948. Saskatchewan last year spent \$25,000 fighting forest fires that burned through 520,000 acres. Fire-fighting parachute stations at Lac la Poudre, Ronge, Sask., were believed to be the best in Canada.

Ontario fire fighters are becoming increasingly mechanized and air-minded. Besides pump trucks and bulldozers Ontario fire fighters use six Beaver aircraft, equipped with ground-to-air and ground-to-ground radio.

Most provincial officials reported success with the policy of shutting off forest areas when fire-hazard ratings reached a dangerous level. The number of fires on private lands were considerably higher than on government measures are more extensive.

HEALTH

Immunization Briefs

Vaccination, which prevents smallpox, is a simple procedure which was developed in the 18th century as a result of the alert observations of a young medical student, Edward Jenner. He noticed that dairy maids who milked cows with infected teats, and that these people were immune to smallpox.

Smallpox is a disease of the hands called variola, which is spread by contact with the harmless material which produces cowpox to protect against smallpox is used. It is a day throughout the world, and is one of the great medical achievements.

Diphtheria toxin is a harmless fluid prepared by specially treating the toxin of the diphtheria germ. It is injected into the body at intervals of three weeks. Because the toxin is harmless, it can be given at intervals of one month, instead of over a period of years, booster doses of toxin should be given at two years of age and at four or five-year intervals thereafter if a person is not immune as revealed by a special test known as the Schick Test.

Had Nine Reasons For Asking Leniency

LONDON—A man who once had an income of \$12,000 a year asked London court to take his misfortunes into consideration when reviewing charges of theft against him. His father died and he lost his income; his first wife was criminally assaulted and committed suicide; he was shipwrecked as a merchant seaman, wounded in the regular navy and invalided out of the service for illness.

His oldest friend committed suicide; his second wife ran off with another man; he rehabilitated himself with a kennel business worth \$12,000, but all his dogs died.

After that, his attorney said, he "began to breed a little" and that led to his thefts.

Protection against tetanus, or lockjaw, can be achieved through the tetanus toxoid. The effectiveness of this procedure was demonstrated during the second Great War by the most complete freedom from this disease of men in the armed services who received tetanus toxoid.

Immunity to diphtheria, whooping cough and tetanus is maintained by is to reimmunize through booster doses of diphtheria and tetanus toxoids and whooping cough vaccine at one, two and six years of age. All three preventive can be given in a combined injection.

Immunization procedures available, but which are not universally accepted by the medical profession, include BCG for pulmonary tuberculosis and a scarlet fever toxin. Immunization against typhoid fever also is available.

About as painful as a mosquito bite is the inoculation procedure employed in immunization against the common childhood diseases.

There is no cheaper protection than immunization. It can be done by the family doctor or at a free immunization clinic. And it is a safeguard against the cost of a serious illness.

Immunization is the most effective means of protection against communicable diseases. It does what it is supposed to do—protects children from severe illness and often fatal diseases.

The germs or viruses which cause the communicable diseases of childhood do not disappear. They are merely held in check and are never present to renew the attack. Only eternal vigilance keeps them under control—eternal vigilance and immunization.

Manikind has been provided by medical science with the tools which eradicate certain communicable diseases. "A death from smallpox today means neglect of vaccination. The person who dies of diphtheria has not been adequately immunized. The baby lost through whooping cough has very likely received no vaccine protection."

Pasteurized Milk Is Safe

15-Inch Doll

Please her with this beautiful doll! Curly straw-gum hair and comely eyes are right to her heart. Easy sewing! Clothes fit 15-inch dolls. Pattern 7341; 15-in. doll-maker; clothes patterns.

To obtain this pattern and twenty-five cents in dolls (includes shipping and handling) send to: McNamee, Winnipeg (Newspaper Edition), McNamee, Winnipeg (Newspaper Edition). Be sure to write plainly your Name, Address and Payment Number.

7341

After Books

Please her with this beautiful doll! Curly straw-gum hair and comely eyes are right to her heart. Easy sewing! Clothes fit 15-inch dolls. Pattern 7341; 15-in. doll-maker; clothes patterns.

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To obtain this pattern and twenty-five cents in dolls (includes shipping and handling) send to: McNamee, Winnipeg (Newspaper Edition), McNamee, Winnipeg (Newspaper Edition). Be sure to write plainly your Name, Address and Payment Number.

7341

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7341

World News In Pictures

★★★★★

★★★★★

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\$15,000,000 TO BE SPENT ON WHEAT—At the dollar conference held in Washington, Britain was assured permission to spend part of her Economic Co-operation Administration grants for wheat and possibly other essential food supplies in Canada rather than in the U.S. At least \$175,000,000 of Britain's wheat purchase will be paid to Canada for this year's wheat crop.—S.N.S. photo.

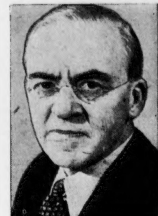


TURKEY TESTS—Dr. John McGregor, of the Department of Parasitology, O.V.C., Guelph, inspects one of his experimental turkeys used in the tests for Blackhead preventatives and cures.

Emblematic of the world's championship in wheat, the Canadian National Railways' challenge trophy is being displayed across Canada. Current holder of the trophy is S. J. Allsup, of Red Deer, Alberta.



WINN MISS AMERICA TITLE—Holding court after being crowned "Miss America of 1949" in Atlantic City, N.J., Jacques Mercier, who had been Miss Arizona, is in the picture of beauty-crowning. The 18-year-old student at the Phoenix junior college impressed the talent judges with her reading of Juliet's "potion scene" from Shakespeare's "Romeo and Juliet". Blushing her state, the new Miss American said she attributed her health, beauty and happiness to "Arizona sunshine, Arizona ancestors and Arizona friends."—S.N.S. photo.



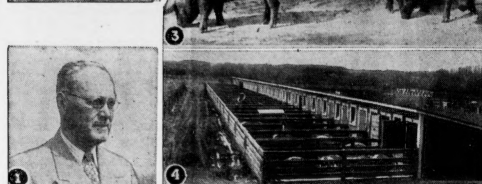
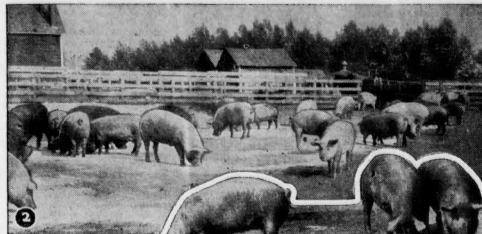
SIR STAFFORD CRIPPS
WASHINGTON'S "BIG THREE"—A 10-point dollar saving program which includes steps to give Britain a freer hand in spending Marshall plan dollars and opening the doors of Canada and the U.S. for British export trade has been announced by three-power conference in Washington. Sir Stafford Cripps, chancellor of the exchequer, said that the program would bring Britain's dollar crisis under control and pave the way for her economic comeback.



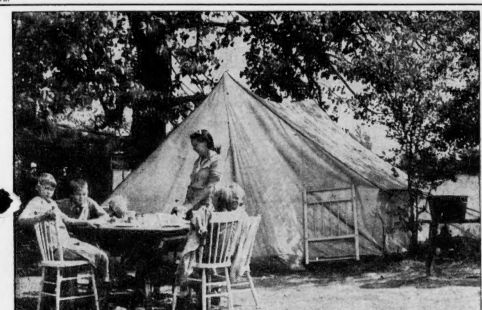
DEAN ACHESON
U.S. State Secretary Dean Acheson, when asked to speak, said he agreed with everything that British representatives had said. Ten-point program outlined at conference involved four immediate trade concessions by U.S. and Canada. The other six were promises by two countries to review certain economic policies.



DOUGLAS ABBOTT
Canada's top representative, Finance Minister Abbott, said he thought the meeting had made "real headway". Abbott said in reply to a question that he hopes Canada will be able to continue to relax import restrictions. But he stressed that it depends on general developments in the world's currency and trade problems.—S.N.S. photos.



WELL-DESERVED REPUTATION—The Experimental Farm at Lacombe, Alta., has built a well-deserved reputation for fine improvement under the supervision of George Doherty, pictured in photo number one. Other photos show: (2) Part of the herd of 100 bacon sows at Lacombe. (3) At the right, two of the black Minnesota No. 1 sows. (4) The 240-foot piggery at Lacombe housing young breeding stock and sows with new litters.



TENT ONLY SHELTER FOR COMING WINTER—Coming of winter presents more than discomfort to the family of David Killen, living in a tent near Trail, B.C., since last July when they could not find a house. Pretty primitive conditions prevail at their "home". Well water is a quarter of a mile away, and for cooking they use a fireplace made of bricks on the ground, with a tin sheet over it. Mrs. Killen serves a meal to the five children in the open air.—S.N.S. photo.



EXHIBITS—In the Pacific National Exhibition sheep show D. R. Fiegott, McMurdo, B.C., even with these Suffolk ewes. Below, senior and grand champion Yorkshire sows, Quilicum 125A, was shown by Arrowmouth Farms.

The Adventures of Captain Morgan

EPISODE ONE

YOUNG HARRY MORGAN, SON OF WELSH LANDED GENTRY, HAS LEFT ENGLAND TO ESCAPE PERSECUTION BY CROMWELL'S ROUNDHEADS.

SO NOW I'LL SEIZE MY KING BY THE AS WELL AS BY LAND!

IT'S WESTWARD HO FOR ADVENTURE MORGAN—BUT FIRST WE'VE TO WRESTLE THIS GALE!

ALL HANDS ON DECK! HOIST THE MAIN!



WE'RE THE ONLY SURVIVORS—AND WE'VE BEEN JACKED UP! THE ONLY ONE TO KNOW A SAFE PASSAGE MAKING SPIKE

I CAN LEARN—I WANT TO BE A CAPTAIN ONE DAY!

THREE WEEKS LATER

A FINE WELCOME TO THE WEST INDIES?



TO BE CONTINUED

Fire-Resistant Suit Will Soon Have First Test

NEW YORK, N.Y. — The U.S. Air Force has disclosed for the first time development of a fire-resistant coverall suit designed to protect its aviators from persons from burning flames.

The suit, which has 19 layers of material and weighs about 25 pounds, was shown at the annual meeting of the Aero Medical Association.

The suit itself has not been tested yet, but the material has gone through experiments, and scientists of the Aero Medical Laboratory, Wright Field, Ohio, said human trials will be made soon. At least six persons, some civilian fliers, have volunteered to wear the suit and walk into veritable "hells of fire."

The wearer will resemble a "walking air man" as the suit is expected to be used at all air bases and eventually probably will be standard equipment for rescue squads at civilian airports. Its use is expected to save many lives.

The suit covers the wearer from head to toe.

The outside layer is ordinary three-glass cloth. Then comes a layer of leached fibreglass cloth, followed by a layer of silver.

The material has withstood heat of 2,000 degrees. In the hood of the suit is a small glass window which is stained with a gold solution. The staining keeps out infrared rays.

The glass also can be taken through only from the inside of the hood. Wright Field scientists said that rescue squad members will wear the suit not more than three minutes at

Says February Safest Month

CHICAGO. — "Thirty days hath September, April, June and . . ." February has another claim to fame besides being the shortest month of the year. It is also the safest month. There were 7,000 accidental deaths during February, 1948, according to the 1949 edition of "Accident Facts," statistical yearbook of the National Safety Council. This was 650 fewer deaths than the monthly average of 8,150 last year.

August was the peak month for accidents in 1948. There were 9,000 accidental deaths in that single month—1,000 more than the average.

Goat Herd Is On Its Way To Victoria, B.C.

With a two-moat goat milker and a herd of 30 British White and Nubian goats, Mrs. Stanley of Adderbury, near Banbury, England, is on her way to Victoria, B.C. Since her husband's death in 1946 Mrs. Stanley has been breeding high-class goats. Now she has left her 300-year-old home, taking with her two daughters, her housekeeper, the goats, four dogs and her furniture.

The trip to Canada will cost \$6,000—high figure, incidentally, is also the valuation of the herd of 30 goats. Her daughter Ann will accompany the goats in their compartment, even sleeping with them, throughout the 4,000 mile Atlantic and Pacific trip to Victoria. Thirty lovely blue-trimmed motor coaches, a coach has been provided to keep the herd cozy. The party will have the ship all to themselves.

At present, the goats are in a time, and that they will carry a supply of oxygen.

There have been times when rescuers could help helplessly while passengers in a wrecked plane were burning to death. But soon, by the use of the first-aid suits, rescues can be carried out.

In 1976, the "epidemic coil" prevailed in New England, so that, by order of the courts, the military forces would have been ordered of recovery.

Fashion-Wise Select Colors That Compliment



Chains of metal beads arranged in patterns to make attractive costume jewelry. This set of earrings, bracelet and metal necklace is finished in bright gold to make a prominent color combination with dark ensembles. The set is made of the same length chain as the necklace. The set is made of the same length chain as the necklace. The set is made of the same length chain as the necklace.

Decoratively SPEAKING

(By Francis James)

Dear Miss James: I have a very large kitchen (18' x 14') which I plan to redecorate. One window is not very large and has a northern exposure, so that the room is not too bright. At present the walls are painted in pale green, the woodwork in cream. The sink

is on the wall opposite the window. We are going to have cupboards built in above this for the storage of linens. The stove and refrigerator are on the wall to the left of the window. There is about four feet of wall space on either side of these and we are going to have narrow cupboards built in above them.

Could you suggest a good color scheme for the walls, woodwork and cupboards? I had thought of repainting the walls a pale yellow, with woodwork and cupboards in a light cream. I had thought of repainting the walls a pale yellow, with woodwork and cupboards in a light cream. I had thought of repainting the walls a pale yellow, with woodwork and cupboards in a light cream.

Dear Mr. O. M.: First of all I would suggest that instead of repainting your walls, you paper them. Painted walls can be very lively in a kitchen, but when your child aims to detract from the beauty of the room, your first thought should be to break up the wall space. This can be only achieved with wallpaper. It cannot be achieved with paint.

You'll have no trouble at all in finding a suitable wallpaper for your particular kitchen. There are any number of them on the market, especially designed for this use. Gay papers with bright background and light-colored patterns, for example, will add interest to your kitchen—detracting in no small degree from the expanse of the walls.

In your case, I think the idea of yellow walls is a good one. Why not choose a wallpaper with a bright, butter yellow background and pattern in pale green and red. Your woodwork and built-in cupboards would then look well painted in the pale green of the wallpaper pattern.

To add further interest to your kitchen, why not build open shelves on either side of the stove and refrigerator? The walls behind the shelves could be painted in a pale green to pick up the green of the main wallpaper pattern and that of the built-in cupboards. The pattern here could be in yellow and red. This green could be in yellow and red. This green could be in yellow and red.

The green couch is a giant conch for canoes. There is a deep red underlayer beneath the white surface, which is used.

"FOOD FOR THOUGHT"



—Thomas H. The Detroit News.

Plans Made To Double Value Of Forests

MONTREAL. — A determined movement has started to double the value of Canada's forestry industry within the next 50 years, and to save it from disaster.

In time, and with proper care, the nation's timber-rich woodlands were expected to flourish into a two-billion-dollar industry. But the hopes of accomplishing this were pinned on a very big "if."

Dismayed lumbermen, foresters and nature-lovers, tired of watching logs pile and chains down the fast-moving rivers of Ontario, British Columbia, Quebec and Newfoundland without reforestation, napped out a vigorous plan of action.

Banded together as the Canadian Forestry Association, they called the first necessary step would be to call another forestry congress, the first in Canada's history.

The conference, tentatively set for September, 1950, in Ottawa, would be a rally of Canada's top political and scientific brains to iron out a long course of action for preserving and boosting the Dominion's biggest natural resources. The first forestry congress was held in 1907.

The truth was that Canada's vast forests, from the alien regions of the sub-Arctic to the rugged hillsides of British Columbia, were being depleted. The sharp crack of splintering timber was sounding through the crisp northern air with depressing regularity. The forests were being cut down at a rate that could not be replaced.

The ideal of the Canadian Forestry Association was to keep the forests as Canada's richest heritage. To back its thinking, the Association swung into action by sending the federal and provincial governments a mass of startling statistics.

Their brief showed that the drama of Canada's forests was almost too recent, annually, woodlands were being cut before maturing, waste reached staggering figures, and disease, insect loss was a national tragedy.

Statement Of Prime Minister Was Right

The head of a small kingdom of olden days disagreed with the statement of his prime minister that men are "not" opinionated.

The king, you see, was a bachelor. To prove his point the king had all mankind in the kingdom called before him, and warned them that there would be dire penalties if they did not answer the question asked to be put to them, and answer it truthfully.

The prime minister intoned the question: "Are you guided by your conscience?"

Those who must answer in the affirmative were to move to the left, those who must answer in the negative to the right.

One by one the group at the left grew until it held all the men present but one. That one had come a little late and had stood far back. "Now he must move to the right," the king, in charge, said; "I am glad there is one man in my kingdom who has not been misled by the devil. Tell these sheep-like ones why you alone stand at the right."

"Sire," replied the subject, "because when I left home my wife told me to keep out of crowds."

Heartsick Refugee Began Doll Project

NEW YORK—Ten-year-old Juliana was scared and heartsick for her parents after arriving here from Hungary.

But Mrs. Corrine Friedman, an aunt with whom Juliana was living, knew the way to a little girl's heart and made Juliana a doll, faithfully dressed in Hungarian peasant costume. Juliana cheered up immediately.

The incident launched Mrs. Friedman, a milliner, on her hobby of doll-making. So far she has made and dressed 70 dolls representing many different countries.

Burning with enthusiasm over her project, she says each doll requires many hours of research in the library. She wants every detail in the costumes to be correct—and her husband, a student of history, is a severe critic.

At first she dressed dolls after a couple of inches tall. But the wealth of detail in the folk costumes soon required larger models. Now each is seven inches high.

Hardest doll to fit out, says Mrs. Friedman, was the Swedish bride with an intricate, detailed costume and tiny pearls strung through her hair.

CLEANS CONSCIENCE

PETERBOROUGH, England—Two bars of soap have been sent to the Peterborough Institution matron with a letter saying: "Twenty years ago I took a piece of soap without asking for it. Now I am sorry."

JUNEAU, Alaska, has an annual average snowfall of 105.7 inches.

FORGOTTEN MAN

High on the list of forgotten men William Friese-Greene was not one person in a thousand in Hollywood could tell you who Friese-Greene was.

He was mentioned in the 19th century by the name of the man who invented the first commercially practical moving picture camera. He patented it June 21, 1889. Some people will tell you the Frenchman, Lumiere, invented the moving picture camera. Others will claim it was Edison. But they will all agree that Friese-Greene was the inventor. But it didn't do him any good financially. He died broke in 1921.

ASKING

What is the difference between a whippet and a greyhound? Which is the speedier dog? The greyhound is one of the oldest known breeds of dogs. It is mentioned in the Bible and in the story of the dog that was given voice to a love call. It is the male mascot of the British Royal Air Force. The female mascot maintains silence. And don't forget this: It is the fastest of all the dogs in the world. The greyhound is the fastest of the two breeds and also has most stamina.

High on the list of irritating sounds is that of a mosquito buzzing around in the dark at night. Still in view of some scientific information I have just come across I am going to try to give you some information about the mosquito. It is stated that when a mosquito buzzes it is giving voice to a love call. It is the male mascot of the British Royal Air Force. The female mascot maintains silence. And don't forget this: It is the fastest of all the dogs in the world. The greyhound is the fastest of the two breeds and also has most stamina.

: STAMP CORNER :

By JAMES MONTAGNES



Recent new issues to receive much attention are the stamps of the Hashemite Kingdom of Jordan for the 10th anniversary of the United Postal Union, and stamps of the Hashemite Kingdom of Jordan for the 10th anniversary of the United Postal Union, and stamps of the Hashemite Kingdom of Jordan for the 10th anniversary of the United Postal Union.

With school starting again, the value of stamps as an educational aid is put to use by many school teachers. Stamp collecting becomes annually a greater help to the school, with formations of school stamp clubs and the use of stamps in studying many facts of history and geography.

School stamp clubs are often formed by the pupils themselves as an outlet for trading of stamps among the young collectors. Quite frequently teachers who are collectors or realize the value of stamps as a teaching aid, form stamp clubs and start youngsters as stamp collectors.

Many a class takes a period once a week to study some special subject as part of a history or social studies lesson.

Teachers are beginning to realize that the modern stamps, with their numerous scenes portraying historic events and modern figures in a country, are a definite value in teaching modern history and geography.

Teachers use stamps as a method of teaching geography by having the youngsters locate the countries from which their stamps came on the school maps. Some teachers make maps with a stamp of each country being placed in its proper location on each map. Teachers have also found that stamp collecting is an aid to comprehension and writing for young students, through the use of

school stamp exchange clubs. Many a time oral compositions are based on some aspect of stamp collecting. Stamp clubs in schools can be used to further stamp collecting among pupils, to help in exchanging stamps, and through talks given by the members themselves or outside stamp collectors, advancing the knowledge of the young collectors on philately.

New issues . . . Australia is to issue a 3½ penny commemorative stamp for the 10th anniversary of the Universal Postal Union. Pakistan is issuing a set of commemorative stamps to mark the first anniversary of the death of Mohammed Ali Jinnah, one of the founders of the new state of Pakistan.

In the old days, European nations kept the stay-at-home soldiers by their yards of sea snakes as long and as powerful as a Diesel-driven freight train.

The Norwegians seem to have led in the old sea-empire days according to the Norse their coastal waters was the habitat of playful monsters who could down a ship with a single gulp.

Beards may stage a comeback, says a newspaper article. Maybe so, but don't rush right out and load up on mousetrap cup cloths.

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OUR COMPLETE SHORT STORY—

Something New

By RUSSELL WILSEY

GEORGE RANDOLPH lay staring at the ceiling, his mind hovering on sleep. That Agnes Davidson, George thought, she's the talking-end woman. Now that Jane's got me to buy that television set, I suppose the Davidsons will be dropping in every night. Why the devil did I let Jane talk me into the thing?

George's eyes fluttered shut and his mind began to teeter over the brink.

"George?" It was Jane, in a sharp whisper.

"Huh?" George responded sleepily.

"Get up! There's somebody down stairs."

Then George heard it too, in the living-room.

George slipped out of bed to the closet. Carefully he lifted out the

shogun, reserved for rare days of duck hunting, and chambered a shell.

He held the gun in the folds of a suit hanging in the closet as he snaped it shut with a muffled click.

Moving cautiously, he stepped out into the hall and went to the stairs.

There he halted and listened. Then he again heard the footsteps.

Holding his gun ready, George descended. At the bottom step he

held the light switch. Nothing happened. The room remained in darkness.

Immediately these flashed across George's mind the recollections of the papers: "PHANTOM BURGLAR STRIKES AGAIN!"

The burglar who unceremoniously left light bulbs so he could escape in the dark.

The man now in the dining-room must have heard the switch. George could sense him moving towards the living-room.

The switch nearest trickled into George's eyes, and he could feel his pajamas sticking to his back. He bent at the knees and began to creep along the wall.

He came up against a table with a night lamp. His hand ran across a smooth, cool sheet of glass. It was the screen on the television set!

There was something, he thought, that he should remember. Some-

thing George had told him about, and then he had it. Moving his hand by touch, he found a dial on the set and

twisted it as far as it would go to the right. Then he located another dial, a bigger one, and turned it slowly until it clicked sharply.

From the corner of his eye George

caught the sudden movement in the shadows of the arch connecting the living and dining rooms. The burglar was in the room with him now. The machine hummed softly first. Then a bright line ran across the screen. It blossomed into a soft but strong light that filled the room. George caught a brief picture of the burglar's surprised face as he squeezed the trigger.

With the wounded robber in the hospital and police hands, George told the story over and over.

Fashions



4817
5225
10-16

Only One
York-54

By ANNE ADAMS

One Yard Wonder

ONE YARD of fabric, just what you need for this blouse! French-

accented with pocket-daps, mandarin collar, long-plunging neckline, it's the top of fashion!

Pattern 4817 comes in misses' sizes 10-12, 14, 16. Size 16 takes only ONE YARD of 44-inch fabric.

Send twenty-five cents (25c) in coins (stamps cannot be accepted) for this pattern. Write plainly. Name, Address and Style Number and send orders to the Anne Adams Pattern Dept., Winnipeg Newspaper Union, 175 McDermott Ave. E., Winnipeg, Man.

Winnipeg, Man.

SELECTED

RECIPES

LEMON SQUARES

Mix together:

20 Graham Wafers, rolled thin

1/2 cup melted butter

1/2 cup white sugar

Divide this mixture in half and put half into a tin and bake for 5 minutes. Meanwhile, make the following filling:

Juice and rind of 1 lemon

1/2 cup white sugar

1/2 cup flour

2 egg yolks

3 tablespoons hot water

Cook the above over water until thick. Spread this over the baked crust. Sprinkle with the rest of the egg whites and put on top of lemon filling. Add the other half of the water mixture and bake from 2 to 5 minutes.

CARROT PINWHEEL MEAT LOAF

1 pound ground beef

1/2 teaspoon salt

1 onion, minced

1 egg

1 tablespoon milk

1 cup soft bread crumbs

1/2 cup shredded raw carrots

2 tablespoons minced parsley

Thoroughly mix all ingredients except carrots and parsley. Roll on sheet of wax paper with a wet rolling pin to make a rectangle 6 inches wide and about 1/2-inch thick.

Spread with a mixture of carrots and parsley, roll up like jelly roll. Place in shallow baking pan and bake in moderate oven (350 deg. F.) for 1 hour.

He Was Talked Into Buying Television Set. But Took The Credit.

"Mr. Randolph, the 'sergent' asked, holding his notebook, 'would you mind going over it again? I don't think I got it exactly straight.' 'Not at all,' George answered with a smile. 'I'll go over it again.' He turned the lights on. I remembered our new television set. You see this knob here? It regulates the amount of light you get on the screen. When you turn it up as strong as it'll go, you get enough light to fill up the room. That's just what I did. I turned this knob all the way over, and then I reached over here to this big one and turned it too. That turns on your juke. Bingo! I let the poor guy have it before he knew what hit him."

Basking in the admiration of his clustered neighbors, George beamed again. "Yes, sir," he said. "This scene is a wonderful thing. It's lucky I decided to go out and get one of these gadgets."

It has its food mile meant anything else, it was strictly private between them.

(Copyright Winnipeg Newspaper Syndicate)

Western Briefs

NEW OIL COMPANIES

PRIVACY oil companies moved into Edmonton during the first six months of 1949, according to Graham W. Curtis of the Edmonton industrial commission.

DONATE BOOKS

ELMORE, Sask.—For the second time this year the Homecraft Club here has donated 50 books from its library for Indians in the province.

AN ALL-TIME HIGH

WINNIPEG.—Manitoba had 66 deaths from accidents in August, an all-time high. W. Trevor Davies, director of safety for the provincial government, announced in a monthly report.

WORKED FAST

BELLIS, Alta.—Changing auto tires is hardly the way to escape garage fees. But John Cherniawski, did just that when his garage man gave him. With his car jacked up and only three wheels on, Cherniawski, for the fourth wheel, put it on and drove away.

LARGE BARLEY YIELD

MINNECOTA, Man.—Mr. Sanderson, pioneer Minnedosa tractor farmer, got 160 bushels of barley from one and one-half acres of land or a rate of 160 1/2 bushels to the acre. This may be a Canadian record.

GIRLS WIN TRIP

BOULEAU.—Two Rouleau girls, Maurine McKen and Caroline Rogers, won a trip to the Toronto Royal Winter Fair, at the Homecraft club competitions held in Saskatoon. They made up a team which represented the "well-dressed girl" project. Work consisted of a demonstration of judging, choosing appropriate outfit and evaluating fabrics.

THIS WAS EASY

VERMILION, Alta.—An R.C.M.P. officer didn't have to look hard to find the culprit who took a dozen fountain pens from Ross Bosker's drug store. On a narrow strip of the local post office a man stumbled and fell in front of the officer, who was passing by. From his pockets fell several fountain pens. John J. Hanley, the stumbler, was fined \$30 for the theft.

PROVINCE'S NAME

The Province of Saskatchewan was named after the Saskatchewan River, whose name is an Indian term meaning rapid river.

To make sure you're getting

FAST-ACTING

ASPIRIN

FOR HEADACHE

Look for the BAYER logo on the tablet.

PEGGY

DO YOU EVER WORRY ABOUT ANYTHING BUT MONEY STARS?

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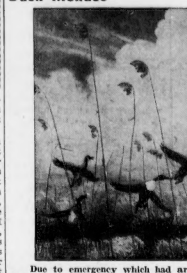
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Duck Menace



Due to emergency which had arisen in local farms around The Pas, Man., at Saskatoon, to shoot ducks off their nests, R.C.M.P. were ordered to issue individual permits, under which farmers could recruit up to six helpers to fight menace.—S.N.B. photo.

1,200 Saskatchewan Rural Residents Receive Electrification

An estimated 1,200 Saskatchewan residents will receive electrification this year under the province's rural electrification program, J. W. Tomlinson, manager of the Saskatchewan power corporation, said recently.

However by April, 1949, the corporation has received over 6,000 applications.

RAINBOW CONDITION

A rainbow cannot be seen when the sun is higher than 40 degrees above the horizon.

ONE ON THE EDITOR

The congenial editor of The Lemberg Star, E. S. H. Workman of Lemberg, Sask., recently had one passed on him that he believes he will never be able to fire down among subscribers.

Always pleased to show school children the rudiments of printing, welcomes them to his plant, but while having a visit from two or three students recently one of them in an uncertain way switched the type letters of the paper's mast head.

Mr. Workman being a very busy man failed to notice the switch of letters till he had run the full issue of his paper through the press, to discover with his horror that instead of publishing "The Lemberg Star" he had published "The Lemberg Rate". Needless to say the student has lost his welcome.

Negro Community In Northern Alberta Flourishing

ATHABASKA, Alta.—Here on the northern fringe of Alberta's rolling farm country, a small group of negroes has established a flourishing community.

The negroes' fled to Alberta from their Oklahoma homes in 1910. Refugees from racial discrimination there, they lived in a state of abject poverty until what was once a wilderness.

The original handful built their homes in the heavily-wooded valleys that wind in and out of the Athabasca area. Now their settlement numbers 400, and the waving heads of wheat give ample evidence of the prosperity of the community.

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Large Crop Of Sugar Beets In Manitoba

WINNIPEG—Manitoba's 1949 sugar beet crop will probably exceed 130,000 tons and top all previous records, it was learned.

With more than 15,000 acres under cultivation, largely in the area south of Winnipeg, the crop is expected to top the peak 1942 tonnage of 128,600 from 14,150 acres. It will also be well ahead of last year's 80,500 tons from 9,500 acres.

Provincial government officials hope the figure will continue to rise in future years. Since its inception in 1940, the industry has meant an average income of \$10,000 annually to sugar beet farmers.

Previously held down by wartime and post-war labor shortages, the industry is expected to double its production within the next few years. Market for the sugar is largely in the United States, Manitoba and eastern Saskatchewan.

Officials of the Manitoba Sugar Beet company are not negotiating with parts of the northern United States which may be interested in the product.

Greater availability of labor, good cash income and beneficial effects on the soil are given as reasons for farmers wishing to expand their production in the future.

INDIAN BARBER

As late as 1910, the medium of exchange among Indians of the North-west Pacific coast was a woollen blanket.

1,200 Saskatchewan Rural Residents Receive Electrification

An estimated 1,200 Saskatchewan residents will receive electrification this year under the province's rural electrification program, J. W. Tomlinson, manager of the Saskatchewan power corporation, said recently.

However by April, 1949, the corporation has received over 6,000 applications.

RAINBOW CONDITION

A rainbow cannot be seen when the sun is higher than 40 degrees above the horizon.

ONE ON THE EDITOR

The congenial editor of The Lemberg Star, E. S. H. Workman of Lemberg, Sask., recently had one passed on him that he believes he will never be able to fire down among subscribers.

Always pleased to show school children the rudiments of printing, welcomes them to his plant, but while having a visit from two or three students recently one of them in an uncertain way switched the type letters of the paper's mast head.

Mr. Workman being a very busy man failed to notice the switch of letters till he had run the full issue of his paper through the press, to discover with his horror that instead of publishing "The Lemberg Star" he had published "The Lemberg Rate". Needless to say the student has lost his welcome.

Negro Community In Northern Alberta Flourishing

ATHABASKA, Alta.—Here on the northern fringe of Alberta's rolling farm country, a small group of negroes has established a flourishing community.

The negroes' fled to Alberta from their Oklahoma homes in 1910. Refugees from racial discrimination there, they lived in a state of abject poverty until what was once a wilderness.

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1,200 Saskatchewan Rural Residents Receive Electrification

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No need for bothersome chains if you put this super-traction tire on your car or truck. The sharp-edged, self-cleaning arrangement, pull you through arctic mud and snow with ease. Be a winter wise driver! . . . equip your car with long wearing Studded Sure-Grips now. . . . saves you time, fuel and nerve strain. Drive in today!



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You can't get better protection to save your life.

GOOD YEAR "Fighting Power" BATTERIES
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SEND YOUR ORDERS FOR COUNTER CHECK
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LITTLE ITEMS OF LOCAL INTEREST

Don Pattison has left to take up his new position in the Bank of Montreal at Lacombe.

Mrs. Carmichael has returned to her home in England following a three-month visit with friends and relatives.

Mrs. G.L. McFarlane is visiting with friends and relatives in Eastern Canada, and we understand she made the trip by plane.

Shirley Shuckler had the misfortune to fall from a tree by the Scout hall and break her arm.

Little Helpers classes have been resumed at the Anglican church and will be held in the church basement. Little girls are cordially invited to attend the meetings.

We understand that Mrs. Kathleen Nash has taken up residence in Calgary.

—Check the label on your paper to see if your subscription is due.

ZION BAPTIST CHURCH SERVICES

Sunday School every Sunday morning at 10. Mr. Rudolph Bertsch superintendent. We invite those who live in our community and have no other Sunday School to attend to come and join us in our fundamental Bible study.

Morning worship at 11. The pastor will speak on the subject, "Dead, but Yet Alive," or "Duties and Privileges."

Choir rehearsal every Friday evening at 8. "I will sing of mercy and judgment: unto Thee, O Lord. I will sing," Psalm 101:1.

It was once believed that Christians might not enter a church to pray, unless they washed their hands.



JAMES URQUHART, staff announcer with the BBC's Overseas Service is heard frequently in Canada reading the BBC news, which is broadcast daily on the CBC Trans Canada network over CBX at 9:00 a.m.

CARBON BAPTIST CHURCH SERVICES

Sunday School every Sunday morning at 10. Mr. Adam Buyer, superintendent, and Mr. Dave Gieck, assistant superintendent. We have a well-organized Sunday School and can offer you the best. We have well-trained Christian teachers to offer you the best Christian training. Come and try our Sunday School if you have no other Sunday School to go to.

Morning worship at 11. One of the brethren will lead.

Evening praise and worship service at 7. "Buried Treasures."

Prayer meeting every Wednesday evening at 8. Bible study in the 1st epistle of John.

Choir rehearsal every Friday evening at 8. Mrs. Adam Buyer, director. Mrs. Reinhold Neher, pianist and Mr. Otto Bertsch, president.

"Sing unto Him, sing psalms unto Him; talk ye of all his wondrous works," Psalm 105:2.

New Medical Journal On Heart Disease

Renewed hope for the multitude of desperate victims of heart-disease, which was seen last week in news of a rapid succession of research developments in foremost medical centres of Great Britain and the United States, each supporting or confirming the vital importance of findings and claims of scientists of the Shute Foundation, was supplemented this week by publication of a new scientific journal, the Seminar, to inform the medical profession of the latest observations in vitamin E research at the Shute Institute, London Ontario.

The major medical presentation in Canada's newest scientific publication also carries encouragement for those who are stricken with heart-disease. It is a two-part article on Coronary Heart Disease, by Dr. Wilfrid E. Shute, Chief Cardiologist of the Shute Institute. It cites 23 ex-patients of leading Canadian heart specialists as evidence of the value of vitamin E. Each one of these heart-disease patients abandoned the old, classical method of treatment in desperation and found relief and improvement, often a spectacular change, through the Shute vitamin-E therapy. Most of them appeared before a medical committee to confirm their improvement in person.

An anonymous donor to the Shute Foundation made the first publication possible. The donor states that a journal was a natural necessity of a permanent, established institution whose scientists were following the only research lead which is aimed at control of the No. 1 killer of our time. The Shute Foundation is practically alone in fighting heart-disease in Canada.

The Journal is also established as a permanent tribute to the brilliance of the research leader, Dr. Evan Shute, whose record of 95 scientific papers published in the great medical journals, with 23 original observations contained by other scientists, has never been matched by any other Canadian scientist.

The Introductory Issue of Canada's fourth nationally distributed medical journal is a 44-page publication containing graphic color illustrations to demonstrate improvement through vitamin E in Burger's Disease, phlebitis, indolent ulcers and other circulatory diseases. And for the first time in medical history, electrocardiograms are reproduced to show the accuracy of the coronary diagnosis and the steady improvement in the heart disease cases at the Shute Institute.

Included also are five other scientific articles giving the latest observations from the Shute vitamin E research group, and an editorial by Dr. Evan V. Shute, M.A., M.B., F.R.C.S., giving doctors warnings and requirements in dosage.

The Shute vitamin E investigation proceeding at London now covers more than 6,000 heart patients, exclusive of vascular disease cases, and recent developments include new observations and proof how vitamin E dilates capillaries, resolves thrombs, and answers the demand for oxygen for tissues. Reprinted in "The Seminar" is a strong editorial review of vitamin E research from British Lancet, in which "Evan Shute of Canada" is eulogized for "keeping alive faith in vitamin E medication," and also recent Shute research papers which originally appeared in the two most eminent of American medical journals: "The Annals of Internal Medicine" (official organ of the American College of Physicians) and "Surgery, Gynaecology and Obstetrics" (official organ of the U.S. College of Surgeons). These have not been read by Canadian physicians unless they subscribe to these scientific journals as the official Canadian medical journal!

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W. SKERRY
Editor and Publisher

CHRIST CHURCH, CARBON (Anglican)

SUNDAY SERVICES
1st. Sunday of the Month: Holy Communion, 11:00 a.m.
2nd, 3rd and 4th Sundays: Evensong, 7:30 p.m.
5th Sunday: Evensong, 3:00 p.m.
REV. J. W. WAY, Vicar

has refused to publish the Shute work.

The first editorial in the Seminar reviews the astonishing list of medical scientists who were scorned, insulted and thwarted by members of their own profession though they often held the key to an immeasurable gift to mankind. The new journal will be maintained on a strict scientific level, and direct reference is not otherwise made to the subsiding medical controversy about vitamin E.

Though the "Seminar" can only be distributed to the hospital staffs, medical schools, research clinics, medical libraries, and to the private practitioners now using vitamin E, of which there are said to be 1,000 or more in Canada alone, any physician desiring a copy may obtain one at request, and without cost. Copies have also been sent to the libraries of Canadian newspapers.

There will be further dissemination of information to the doctors through the drug companies as they can obtain reprints of individual articles appearing in the "Seminar" at cost.

The United States government in early September was paying a subsidy ranging from 55c to 42c a bushel on wheat exported from that country under the international wheat agreement.

The Lethbridge Herald has calculated that in 1948 the average income per farm in the Lethbridge area was \$5,541. The average income of all farms in Alberta was \$5,647, and for all Canada \$2,931.

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Smooth, firm cigarettes with just the right paper and tobacco in perfect balance. The "ROLLMASTER" cigarette. For your pocket, hold tobacco and get the "ROLLMASTER" for "ROLLMASTER".

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have been called for payment
October 1, 1949

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the most Beautiful BUY of all?"

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It's your money you're spending, and you're entitled to get the most motor car, in return. All Canada says that means Chevrolet—the most beautiful buy of all—and the car that gives EXTRA VALUES in every phase and feature of motoring. It brings you fine-car advantage after fine-car advantage, from Fisher Body Styling and Valve-in-Head performance to Centre-Point steering ease and the greater riding comfort of the longest, heaviest car in its field. And offers these advantages at the lowest price! So, why accept anything less than the most beautiful buy of all? . . . Invest in a Chevrolet and get the most for your money!

Insist on
getting these
EXTRA VALUES
exclusive to
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in its field!

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the extra efficient power plant that's setting the trend for the industry.

FISHER BODY
styling and luxury found elsewhere only at higher priced cars.

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giving maximum steering ease with minimum driver-fatigue or "car-woman-der" and found elsewhere only on costlier cars.

**CERTI-SAFE
HYDRAULIC BRAKES**
(with Dual-Life Resilient Brake Linings)

assuring safety, sure stops for you and your family.

**FISHER INSTEEL
BODY CONSTRUCTION**
with steel welded to steel all around you for maximum solidity, quietness and safety.

**CURVED WINDSHIELD with
PANORAMIC VISIBILITY**
supplying that extra vision which means extra safety, exclusive to Chevrolet in its field.

**LONGEST, HEAVIEST CAR
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5-INCH WIDE-BASE WHEELS
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the widest class in the entire low-price field, providing greater ride-stability.

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TO OWN—OPERATE—**
and bringing you more when you trade; for Chevrolets are most wanted — new or used!

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